



Need more info?

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Types of Volunteering



Southern Volunteering (SA) Inc

Children

Help out in a childcare centre, after-school program, breakfast club or a playgroup

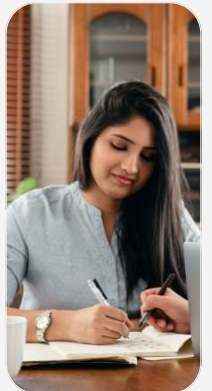
Example organisations: your local community centre, childcare centre, kindy or school, The Smith Family SA, or Puddle Jumpers



Tutoring and Education

Help out with various age-groups and levels (including adults) with subjects like Maths, English, science, arts or digital literacy

Example organisations: FLO programs, The Smith Family SA, Multicultural Youth SA Inc, or your local school



Young People

Help out a youth program, be a mentor or help out with youth-based events and activities

Example organisations: HYP A, Multicultural Youth SA, UnitingSA or your local council or community centre



Retail and Customer Service

Work at the counter, help customers, sort items and clothing or help to price goods

Example organisations: Vinnies, Salvos, RSPCA, or the Red Cross



Sports

Help out with scoring games, help to run sporting events, help with set up and pack down, or serve refreshments, be a coach, or provide administrative support

Example organisations: your local footy, soccer, cricket, or netball club!



Tourism and Information Centres

Share information about the attractions of the local area or conduct local tours

Example organisations: Your local council, tourist attractions, tourist centre or visitor's centre



may be limited opportunities

There are so many different kinds of volunteering opportunities out there to choose from, it can be hard to know where to begin...

Take a moment to think about what you'd like to gain from your volunteering experience.

Is there something you're passionate about?

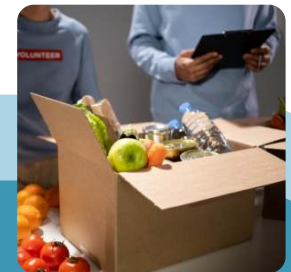
A new hobby you'd like to try?

Are you looking to gain experience for future paid employment?

Or would you just like to have fun and meet some new people?

Use this guide to explore the different types of volunteering and see what fits best with your goals and interests!

Keep in mind that whether you will be able to volunteer in your area of interest will depend on what roles are currently available, what organisations are accessible for you, and whether the role's schedule and level of commitment suits your availability.



Administration

Answer phone calls, write emails, greet people or organise an office space

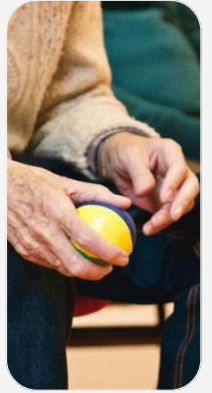
Example organisations: a local community centre, charities, city councils, or sporting clubs



Hospitals & Health Services

Help signpost people, participate in activities, distribute books and magazines or provide administrative support

Example organisations: your local public or private hospital or medical centre, local health services, providers and organisations



Aged Care

Help out with morning or afternoon tea, go on outings, play games or just provide some company to a resident

Example organisations: ACH group, Southern Cross Care, Community Visitors Scheme, Eldercare, or COTA



Libraries, Museums and Art Galleries

Re-cover books, organise shelves, participate in events, provide information or tours, support exhibitions or help out with a local art group

Example organisations: Your local library, museum, or art gallery



may be limited opportunities

Animal Welfare

Help out at a rescue centre, bring your pet to an aged care facility, or help to protect the environment of an endangered species

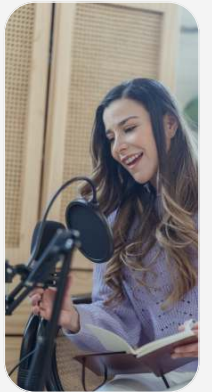
Example organisations: Animal Welfare League, RSPCA, Guide Dogs, Riding for the Disabled, or your local animal rescue or wildlife centre



Radio

Help at a community radio station, work behind the scenes or maybe get a chance to share your thoughts on-air

Example organisations: your local community radio station



Food and Hospitality

Food preparation and serving in your local community kitchen, foodbank, school canteen or sporting club

Example organisations: Local community centre, church or council, Foodbank, Baptist Care, Meals on Wheels, or Eldercare



Arts and Crafts

Participate in an art group, help someone learn a new skill, help out in an arts centre, or make something for someone in need.

Example organisations: Your local council, community centre, creative arts centre, school, or aged care facility



Gardening, Maintenance and Trade

Mowing, pruning, planting, painting, low-level repairs or upkeep

Example organisations: your local council, community garden, or aged care facility



Boards and Committees

Share your thoughts, ideas and opinions on an advisory board or committee. Use your knowledge, skills and lived experiences to help shape the work of organisations, councils and community groups.

Example organisations: your local council, local community groups or government departments



Home Help

Help someone at their home with day-to-day activities or just provide support and company

Example organisations: Community Visitors Scheme, Eldercare, Multicultural Communities Council of SA, or COTA



Culturally and Linguistically Diverse (CALD) People

Help someone to learn about life in Australia, practice English skills, visit with an older CALD person, or provide some advice and friendship

Example organisations: Multicultural Communities Council, COTA, Settlement Services International, or the Australian Migrant English Program (AMEP)



Council

Get involved with different council services and programs (like social clubs or neighbourhood maintenance) or share your thoughts on a community advisory board

Example organisations: your local council and a wide range of council-led programs



Environment

Plant or grow trees, clean-up days at parks and beaches, or volunteer at a conservation park

Example organisations: Trees for Life, Conservation Volunteers Australia, your local "Friends of the ___ Park" group, the Adopt a Spot Scheme or Clean Up Australia Day



Disability Services

Provide support and companionship for someone with a disability, go on outings, take part in their hobbies, help with practicing skills or provide advocacy

Example organisations: Beyond Blindness, Orana, or Minda SA



Events and Festivals

Help out during community events, festivals, fundraising events or markets

Example organisations: Your local community centre, council, school or sports club, or keep an eye out for events in your area!



usually one-off opportunities

Driving

Take people to appointments or drive for a community transport service provider

Example organisations: Meals on Wheels, Beyond Blindness, Anglicare, Volunteer Transport Services or your local council



Fundraising

Help out an organisation with their fundraising events, plan a fundraising day with friends, or give it a go yourself!

Example organisations: Support any charity or cause that you're passionate about!

